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ANNOTATED BIBLIOGRAPHY

TOPIC: Feelings and the Sense of Self

Adolphs, R., Tranel, D., Damasio, H. & Damasio, A. (1994).
Impaired recognition of emotion in facial expressions following
bilateral damage to the human amygdala. Nature, 372, 669-672.

This article discusses the emotion one sees in his or her face influences one's self perception

Arnold M. B. (1960). Emotion and personality. vol 1:
psychological aspects. New York: Columbia University Press.

Proposes that feelings are critical for having a sense of self

Ellis, A. (1994). Reason and emotion in psychotherapy,
revised and updated. New York: Birch Lane Press Book.

**Takes a different view and rejects feelings as contributing to
the sense of self; Proposes that self is a cognitive (thought)
construct.**

Freud, S. (1961). Beyond the pleasure principle. (J.
Strachey, Ed. And Trans.). New York: W.W. Norton & Company.

An psychoanalytic point of view re the self as part of the ego.

James, W. (1884). What is an emotion? Mind, 9, 188-205.

Defines emotion(s) in contrast to thoughts

Lane, R. D., Reiman, E. M., Ahern, G. L., Schwartz, G. E. & Davidson, R. J. (1997). Neuroanatomical correlates of happiness, sadness, & disgust. American Journal of Psychiatry, 157(7), 926-933.

Suggests how the brain is wired results in sense of self being an emotional experience

Lazarus, R. S. (1984b). Thoughts on the relationship between emotion and cognition. (In K. R. Schierer & P. Ekman, Eds), Approaches To Emotion (pp. 247-257). Hillside, NJ: Lawrence Erlbaum Associates, Publishers.

Presents a commonly accept point of view that emotions are mediated by thoughts and that the self is a cognitive, not emotional, experience

LeDoux, J. E. (1996). The emotional brain: the underpinnings of emotional life. New York: Simon and Schuster.

More data supporting the sense of self as emotion and proposals concerning the neurological underpinning of emotions and self

LeDoux, J.E., Sakaguchi, A. & Reis, D. (1983). Subcortical efferent projections of the medial geniculate nucleus mediate emotional responses conditions to accoustic stimuli. Journal Of Neuroscience, 4(3), 683-698.

Specific data on the brain and emotions

Sperry, R. W. (1995). The riddle of consciousness and the changing scientific worldview. Journal of Humanistic Psychology, 35(2), 7-33.

Summary of the problem of consciousness and self