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Psy 321  
April 30, 2000

## ANNOTATED BIBLIOGRAPHY

### **TOPIC: Feelings and the Sense of Self**

Adolphs, R., Tranel, D., Damasio, H. & Damasio, A. (1994). Impaired recognition of emotion in facial expressions following bilateral damage to the human amygdala. Nature, 372, 669-672.

**This article discusses the emotion one sees in his or her face influences one's self perception**

Arnold M. B. (1960). Emotion and personality. vol 1: psychological aspects. New York: Columbia University Press.

**Proposes that feelings are critical for having a sense of self**

Ellis, A. (1994). Reason and emotion in psychotherapy, revised and updated. New York: Birch Lane Press Book.

**Takes a different view and rejects feelings as contributing to the sense of self; Proposes that self is a cognitive (thought) construct.**

Freud, S. (1961). Beyond the pleasure principle. (J. Strachey, Ed. And Trans.). New York: W.W. Norton & Company.

**An psychoanalytic point of view re the self as part of the ego.**

James, W. (1884). What is an emotion? Mind, 9, 188-205.

**Defines emotion(s) in contrast to thoughts**

Lane, R. D., Reiman, E. M., Ahern, G. L., Schwartz, G. E. & Davidson, R. J. (1997). Neuroanatomical correlates of happiness, sadness, & disgust. American Journal of Psychiatry, 157(7), 926-933.

**Suggests how the brain is wired results in sense of self being an emotional experience**

Lazarus, R. S. (1984b). Thoughts on the relationship between emotion and cognition. (In K. R. Schierer & P. Ekman, Eds), Approaches To Emotion (pp. 247-257). Hillside, NJ: Lawrence Erlbaum Associates, Publishers.

**Presents a commonly accept point of view that emotions are mediated by thoughts and that the self is a cognitive, not emotional, experience**

LeDoux, J. E. (1996). The emotional brain: the underpinnings of emotional life. New York: Simon and Schuster.

**More data supporting the sense of self as emotion and proposals concerning the neurological underpinning of emotions and self**

LeDoux, J.E., Sakaguchi, A. & Reis, D. (1983). Subcortical efferent projections of the medial geniculate nucleus mediate emotional responses conditions to accoustic stimuli. Journal Of Neuroscience, 4(3), 683-698.

**Specific data on the brain and emotions**

Sperry, R. W. (1995). The riddle of consciousness and the changing scientific worldview. Journal of Humanistic Psychology, 35(2), 7-33.

Summary of the problem of consciousness and self