

PSY 321 The Psychology Of Identity
Spring 2016

GENERAL:

Instructor: Brian R. Johnson, Ph.D.

Classroom: 5-106

Course website: <http://www.gettingunstuck.com/cpu/psy321.htm>

Office Hours: Mon: 10:30 - 11:30 Thurs: 10:00 - 12:00

Office: 5-228. Office Phone 909-869-2281 (If you are calling during my office hours and I do not answer, I have probably left the office for a moment. Try again in a few minutes **Do not leave a message on campus voice mail**: If you need to leave a message, call the off campus number listed below and leave the message with my assistant or on the answering machine. The greeting message for my off campus office also gives information for contacting me through my answering service if you have an *real urgent* need to speak to me.)

Off Campus Phone: 909-399-0556

E-Mail Address: brjohnson@cpp.edu Whenever you send an e-mail, always list the course number (PSY321) on the subject line.

COURSE DESCRIPTION: An intensive examination of self in terms of theory, locus, development outcomes, sex identity, group identity, and the self in relation to others, extensive in-class practice in techniques for self-awareness, self-evaluation, self disclosure, self-assertion. 4 lecture/problem-solving. Prerequisites: PSY201 or 203 and upper division standing or permission of instructor.

COURSE OBJECTIVES: To increase your understanding of:

- A. Important psychological theories related to identity and the concept of self.
- B. Social, developmental, and neurological considerations of identity and the “self”
- C. The influence of culture on a person’s identity and perception of self.
- D. The role of the personal concept of “self” in influencing a person’s expectations, reactions to their environment (especially other people in their environment) and behavior

TEXTS:

Johnson, Brian R. *Getting Unstuck: A Guide For Breaking Out Of Self-Defeating Patterns*

Johnson, Brian R. (Editor) *Readings in The Psychology Of Identity* (Spring 2016 Edition)

EXAMS: Two **Mid-Terms (Apr 22, May 11** and a **Final Exam (Mon June 6: 9:10 - 10:20)** will be given. The exams will consist of multiple choice and brief essay questions. Each **Mid-Term** exam and the **Final** are worth 70 points. The exams will cover the assigned reading, lecture materials, and class activities, including the films that will be used to illustrate and expand theories, concepts, and ideas covered in the reading and lectures. Students with special needs such as arrangement to take exams at the DRC must advise me at the beginning of the quarter so I can make accommodations. ***Unless you and the instructor, prior to the exam, have made arrangements to take a test on a different date or you can document reasonable cause for failing to sit for a test, there will be no make up opportunities!***

All notes, printouts, flash cards and electronic devices must be stowed during the exam. Wrist

watches must also be taken off and stowed—The introduction of smartwatches that allow the wearer to view information including lecture overheads and notes, necessitates this. I will enlarge on the classroom overhead the Windows time piece from the Taskbar so you can see how much time you have left during the exam. If you have a valuable timepiece, please leave it home.

QUIZZES: During the quarter there will be six, open note quizzes. You will receive 5 points for each quiz that you take for a potential total of 30 points. Quizzes will normally be given at the end of class. You will be asked to briefly answer a question addressing a topic lectured on that day. Since quizzes will be scheduled randomly it is important that you attend all classes. If you miss a class at which a quiz was given, you will only be allowed to do a make up if you document reasonable cause for not being in class on the day of the quiz.

PAPER: A term paper is due **at the beginning of class, May 27**. For the paper, watch one of the following films and follow the protagonist listed with the movie. The movies are available through Amazon, Netflix, and other services. If you do not access to these services, I can loan you the DVD.

Write a four to five page (typed, double spaced) essay about the protagonist using the concepts and theories that you have learned in this class to answer the following questions:

- (1) What do you see as the person's self concept? (In other words what does the protagonist's behavior and words say about the question, "Who am I?") Is there a difference between what you perceive is the protagonist's self concept and who you think the person really is?
- (2) Explore the major choices he or she makes in the film. What do these say about the person's identity and sense of self?
- (3) Given his or her self concept, explore the relationships with other key characters, especially the antagonist (i.e., the person who in some way gets in the way of the protagonist realizing whatever it is (s)he is trying to do).
- (4) What does the outcome (ending) say about the person's sense of self? Can you identify any changes that may have been realized in his or her identity or sense of who the person is?.

Use specific theories and or research to support your answers. See the class web site for more instructions, examples and a sample Term Paper.

Movie

Sarah's Key
 Ida*****
 City of God***
 Becoming Jane
 Farewell****
 Maria Full of Grace*
 Calvary
 Doubt
 Shall We Dance? (1996)**
 Mansfield Park
 The Secret Life of Bees
 Mozart's Sister****
 Bless Me Ultima
 Beginners
 Bernie
 Miss Potter
 Sunshine Cleaning
 Atonement
 Philomena
 Midnight In Paris
 Woman In Gold
 The Imitation Game

Protagonist

Sarah
 Ida (Anna)
 Buscapé "Rocket"
 Jane Austen
 Sergei Gregoriev
 Maria
 Father James
 Sister Aloysius Beauvier
 Sugiyamas
 Fanny
 Lily
 Nannerl Mozart
 Antonio Márez y Lun
 Oliver Fields, Hal Fields or Anna
 Bernie
 Beatrix Potter
 Rose Lorkowski
 Briony
 Philomena
 Gil
 Maria Altmann or Randy Schoenberg
 Alan Turing or Joan Clarke

* Spanish with English Subtitles

** Japanese with English Subtitles

*** Brazilian Portuguese with English Subtitles

**** French

*****Polish

Do not write a plot summary: I know these films--- believe me, I know these films---, so I don't need to be told the story. Instead you can describe certain instants (i.e., scenes) and the protagonist's behavior, words, or reactions in the movie to illustrate your points.

The term paper is worth 100 points and will be graded on a demonstrated understanding of the theory(ies) and/or psychological concepts you discuss and a clear application of that theory/concepts to your discussion of the protagonist. This is an upper division class, and the paper is expected to reflect an appropriate level of grammatical and compositional mastery. The grade for this paper can be affected negatively by poor writing craftsmanship. **Turning in the term paper after the due date and time will result in a 25% penalty; a late paper MUST be faxed or e-mailed to me by midnight June 3 to be graded.**

CLASS ATTENDANCE: You will be given two-thirds (2/3) of a point for each day you show up for class (including for the mid-terms and the final) for a total of 20 points. A sign-in sheet will be circulated at the beginning of class except on the days of the mid-terms for which a completed exam will be proof that you were in class.

It is a form of academic dishonesty and a violation of University policy to have another student sign in for you when you are not in class. If I give a quiz on a certain day and you have not turned in a quiz but the attendance sheet has you signed in, I will not give you credit for attendance that day and will subtract an additional attendance point. If you will be leaving before class ends, advise me at the start of class, and you will not lose these two points. These points are not only given for being in class, but, presumably, for being attentive and taking notes.

CLASS PARTICIPATION: The lectures will expand upon the reading material and provide other important information not covered in the reading. **Participation will have an impact on your final grade.** In this class there is no such thing as a dumb question. The Roman statesman Cicero wrote that “I am not afraid to admit that I am ignorant of what I do not know.” And he was a philosopher and Senator! **20 participation points are possible.** This is an upper division course, and it would be appropriate to have each student assigned to do a formal presentation. This will not be required, so I will be attentive to and making notes of students’ participation during the lectures and when students are sharing with the class what they discussed in group discussions. It is not the quantity but the quality of the participation that will be considered. This is an upper division course, and it would be appropriate to have each student assigned to do a formal presentation. This will not be required, so I will be attentive to and making notes of students’ participation during the lectures and the Breaking Away exercise. This is an academic class, not group therapy. While sharing on how a subject presented applies to you can enrich the class process, you need not share any more than you feel comfortable disclosing in class. **PRIVACY** is to be respected by both the instructor and fellow students.

NAME PLATE: I want to know you by your name (not Bronco number). Since there may be up to fifty people in the class, I need you to create a personal name plate (First name, Last name initial) to put on your desk so I will get to know who you are. I have had students use head bands in the past but that didn’t go over too well. So, please write your name on a piece of paper and put it on the front of your desk until I get to know you by name. Be creative but also legible with lettering big enough that I can see it across the room (if you sit in the back). And if I mispronounce your name (or call you by the wrong name), correct me.

COURSE WEBSITE (www.gettingunstuck.com/cpu/psy321.htm.): The website contains a number of resources and messages from the instructor to the class concerning announcements, corrections, and any changes in the schedule, reading assignments, etc. From the website you can also download Adobe Acrobat PDF copies of the overheads that are used in the lectures. (You will need to have Adobe Acrobat 4.0 to download these and other documents available on the website. Information is provided for downloading Acrobat if the program is not already on your computer.) I attempt to put the overheads up no later than the night before class, but sometimes (but not often) that proves impossible. I recommend that you download these so you can have these in class on the days of the lectures.

RECORDING LECTURES: The audio recording of any lecture(s) is only permitted with the instructor’s permission. Video recording is not permitted.

TEXT MESSAGING, ETC. DURING CLASS: Unless you have the prior permission of the instructor, electronic devices in the classroom are to be used **only** for class related activities like viewing course overheads, taking notes, looking at relevant web sites, etc. Texting during lectures, Facebooking, etc. are not permitted because they not only distract you but can distract

the instructor and other students. Turn off your cellphone or put it on vibrate. If you are expecting an important call or message, advise the instructor before the start of class.

LIMITS OF FACULTY/STUDENT CONFIDENTIALITY: Please note that there are two executive orders from the CSU's Office of the Chancellor that limit what information faculty members are able to keep confidential. These are Executive Order 1096 (which relates to the reporting of campus sexual assaults) and Executive Order 1083 (which relates to mandatory reporting of child abuse). These orders made CSU faculty members "mandatory reporters," which means that once a faculty member has been apprised of such an incident, he or she is required to report it to the university's on campus Title IX officer, regardless if the student wants this information reported or not. It may very well be that you would like the information reported but you do not know whom to approach, in which case our mandatory reporting requirements will be desirable to you. However, if you just wanted to talk about an incident but do not want it reported, neither you nor I have a choice in this matter. Once such information is divulged, I must report it.

EXTRA CREDIT: If you participate in a Psychology and Sociology Department sponsored experiment, you can earn 5 extra credit point. This extra credit will only be given if you sign up for an experiment using the Sona system. You must do this by going on line (<http://cpp.sona-systems.com>) to sign up for an experiment. You must be registered in the program to participate. If you are not already, go to the web site and click the "New Participant Request an Account" link to register. To sign up for a study or experiment, click on the "Sign up for experiments" link. When you sign up for an experiment, you must identify that you want the credit applied to this course. **After the experiment, you must also assign the credit to this course on the Sona web site. If you fail to assign a credit to the class, extra credit points will not be given. The department's report of student participation in experiments (and that report's summary of students' assignment of credits to classes) will be the sole basis for determining earned extra credit.**

READING ASSIGNMENTS: The attached schedule lists the readings for each lecture. To better follow the lectures and to gain mastery of the subject of this course, it is **strongly** encourage that you complete the reading assignments *before* the lectures.

GRADING: To receive a passing grade for the course you must complete all requirements for this class (three (3) exams and the papers). If you fail to do so and have not received approval for an incomplete grade contract, you will receive a grade of "F." Assuming that you do complete all requirements, grades will be based on the following scale:

380-353	A	314-304	B-	265-255	D+
352-342	A-	303-293	C+	254-239	D
341-331	B+	292-277	C	238-228	D-
330-315	B	276--266	C-	<227	F

Grades will be posted on Blackboard during the course of the quarter. Grades posted on Blackboard are unofficial because the program does not always list students in the same order as the official registration list from the Registrar's Office. This can result in some student's grades

being mixed up on Blackboard. I attempt to catch these discrepancies but there is always a chance that one can slip through.

ACADEMIC INTEGRITY: The school's policy will be enforced in this class, and violations are subject to being reported to the Office of Judicial Affairs. The policy reads in part, "All forms of academic dishonesty at Cal Poly are a violation of University policy and will be considered a serious offense. Academic dishonesty includes but is not limited to: [Plagiarism, Cheating During Exams, Use of Unauthorized Study Aids, and Falsifying any University Documents including Attendance Lists]." See the University Catalog for more details. Remember, plagiarism is passing off another's work as your own. **Students often don't realize that they have committed plagiarism when they fail to (1) denote with quotation marks or some other notation the cited material or (2) do not identify the source of an idea they are summarizing in their own words.**

SCHEDULE: The class schedule with reading assignments is listed on a separate document which you can access from the course website.