

PSY 412
Theories of Counseling
Fall 2016
Class Schedule

The chapter numbers for the reading assignments are for the 9th edition of the text. There are significant differences between this edition and other editions of the Corsini and Wedding textbook.

Sept 23 Fri	Introduction
Sept 26 Mon	What is Psychotherapy? Chapter 1
Sept 28 Wed	Pschotherapy compared to Medication for treatment of mental disorders
Sept 30 Fri	Traditional Psycho-Analysis Chapter 2
Oct 3 Mon	Object Relations Therapy
Oct 5 Wed	Object Relations Therapy (Cont.)
Oct 7 Fri	Dialectic Behavioral Therapy
Oct 10 Mon	Jungian Analysis Chapter 4
Oct 12 Wed	Adlerian Therapy Chapter 3
Oct 14 Fri	Gestalt Therapy Chapter 10
Oct 17 Mon	First Mid Term Exam
Oct 19 Wed	Carl Rogers and Client Centered Therapy Chapters 5
Oct 21 Fri	Review Exam 1 Client Centered Therapy (Cont.) Chapter 9 (Existential Psychotherapy, not covered in lectures)
Oct 24 Mon	Behavioral Therapies Chapter 7

Oct 26 Wed	Rational Emotive Behavior Therapy Chapter 6
Oct 28 Fri	Cognitive Behavioral Therapy Chapter 8
Oct 31 Mon	Cognitive Behavioral Therapy (Cont.)
Nov 2 Wed	Second Mid Term Exam
Nov 4 Fri	Interpersonal Therapies Chapter 11
Nov 7 Mon	Review Exam 2 Positive Psychology
Nov 9 Wed	Film clips of Jasmine F. - Subject for your paper (This is from the 2013 movie <i>Blue Jasmine</i>)
Nov 11 Fri	Veterans' Day - No Class
Nov 14 Mon	Couple and Family Therapies Chapter 12
Nov 16 Wed	Couple and Family Therapies (Cont.)
Nov 18 Fri	Culture and Psychotherapy Chapter 15
Nov 21 Mon	Term Paper Due Nonspecific Mechanisms of Change Chapter 13, 14
Nov 23 Wed	Personal Holiday
Nov 25 Fri	Columbus Day Observed - No Class
Nov 28 Mon	Legal and Ethical Issues Chapter 16

Nov 30 Wed Boundary Crossings and Boundary Violations
Dual Relationships

Dec 2 Fri Termination of Therapy

Dec 9 Fri **9:10 - 10:20 Final Exam**

Keep up on your reading!!!! During the course, I may change (add, delete) subjects and reading assignments. If you miss a class, be sure to check the web site for messages that will indicate if changes have been made.