

**PSY606 Diagnosis and Treatment of Couples and Spousal Abuse
Winter 2018**

GENERAL:

Instructor: Brian R. Johnson, Ph.D.

Classroom: 5-118b

Course website: <http://www.gettingunstuck.com/cpu/606/psy606.htm>

Office Hours: MWF: 8:00-9:00AM

Office: 5-109 Office Phone 909-869-2281

Off Campus Phone: 909-399-0556

E-Mail Address: brjohnson@csupomona.edu

FAX: 909-624-2137

COURSE DESCRIPTION: This is the second of a three-course sequence of didactic materials in Marriage and Family Therapy. The focus is on the diagnostic assessment of couple dysfunctions and therapeutic interventions covering various approaches to working with couples. 4 lecture-problem solving. Prerequisites: Admission to the MS program PSY515 and PSY598.

COURSE OBJECTIVES: To increase your understanding of:

1. The various definitions and theoretical explanations for couple dysfunction
2. The prominent theoretical models and approaches to couple therapy
3. The types of couples therapy
4. The ethical and professional standards for the treatment of couples.

In addition, the course will increase students skills in formulating treatment plans with diagnosis and interventions

TEXT: Gurman, Alan S. (Ed.) Clinical Handbook of Couples Therapy (Fourth Edition
O'Leary, K. Daniel, Heyman, Richard E., and Jongsma, Jr., Arthur E. The Couples Psychotherapy Treatment Planner, with DSM-5 Updates (PracticePlanners), Second Edition

ATTENDANCE: Attendance is mandatory. It is your responsibility to be present for class meetings and to participate in the discussions. If you cannot make a class meeting, you must advise me before the class (by e-mail or phone).

PRESENTATION: You will be assigned to do a class presentation pertaining to the subject of that day's meeting (see class schedule). This will consist of a summary of one or more journal articles and/or primary source book chapters that you believe supplement that day's subject. This may elaborate on or present a different point of view from the chapter's author(s). After the lecture/discussion of the chapter, the class will be turned over to you, and you will have the last half hour of the class meeting to do your presentation. (Total Points possible: 100)

QUIZZES: At the end of each meeting, there will be a closed book, 10 item multiple choice quiz on the reading assignments for the week. (Total Points possible: 100)

CLASS PARTICIPATION: While I will lecture and lead the discussion of the subject of each day's class meeting, you are expected to participate by sharing your understanding, thoughts, and questions about the subject. (I may even direct questions to individual students.) **Participation will be calculated in when determining your final grade for the course. 50 participation points are possible to be earned.** If you attend all class meeting but do not participate (i.e., do not raise questions about or make comments concerning the materials presented in class, nor offer a point of view concerning the subject), the maximum number of points you will receive is 10. I will be attentive to and make notes of students' participation. Remember, it is not the quantity but the quality of the participation that will be considered.

This is an academic class, not group therapy nor supervision. While sharing on how a subject presented applies to you can enrich the class process, you need not share any more than you feel comfortable disclosing in class. **PRIVACY** is to be respected by both the instructor and fellow students.

EXAM: There is only one exam for this class worth 150 points. This will be a take home final essay exam. The assignment will be given the last day of the lectures (March 8) and must be turned in at 9:10 AM, Thursday, March 15th. The exam will an application of the assigned reading, lecture materials, and class activities.

COURSE WEBSITE (www.gettingunstuck.com/cpu/606/psy606.htm.): The website contains a number of resources and messages from the instructor to the class concerning announcements, corrections, and any changes in the schedule, reading assignments, etc. From the website you can also download Adobe Acrobat PDF copies of the overheads that are used in the lectures. (You will need to have Adobe Acrobat 4.0 to download these and other documents available on the website. Information is provided for downloading Acrobat if the program is not already on your computer.) I attempt to put the overheads up no later than the night before class, but sometimes that proves impossible. I recommend that you download these so you can have these in class on the days of the lectures.

READING ASSIGNMENTS: The attached schedule lists the readings for each lecture. To be prepared for each class meeting you will need to read the reading assignments *before* the class meeting. Failure to do so will be evident by your participation.

TEXT MESSAGING, ETC. DURING CLASS: Unless you have the prior permission of the instructor, electronic devices in the classroom are to be used only for class related activities like viewing course overheads, taking notes, looking at relevant web sites, etc. Texting during lectures, social networking, etc. can distract the instructor and other students beside yourself. Turn off your cell phone or put it on vibrate. If you are expecting an important call or text, advise the instructor before the start of class. If it is noticed that you are disregarding this rule, points will be subtract from your participation score (which if you have not participated could give you a negative point total!)

LIMITS OF FACULTY/STUDENT CONFIDENTIALITY: Please note that there are two executive orders from the CSU's Office of the Chancellor that limit what information faculty

members are able to keep confidential. These are Executive Order 1096 (which relates to the reporting of campus sexual assaults) and Executive Order 1083 (which relates to mandatory reporting of child abuse). These orders made CSU faculty members “mandatory reporters,” which means that once a faculty member has been apprised of such an incident, he or she is required to report it to the university's on campus Title IX officer, regardless if the student wants this information reported or not. It may very well be that you would like the information reported but you do not know whom to approach, in which case our mandatory reporting requirements will be desirable to you. However, if you just wanted to talk about an incident but do not want it reported, neither you nor I have a choice in this matter. Once such information is divulged, I must report it. Executive Order 1096 does not apply to counselors at Student Counseling Services located in the Bronco Bookstore Building (66-116)—Executive Order 1083, regarding child abuse, does.

GRADING: To receive a passing grade for the course you must complete all requirements for this class. If you fail to do so and have not received approval for an incomplete grade contract, you will receive a grade of “F.” Assuming that you do complete all requirements, grades will be based on the following scale:

400-372	A	331-320	B-	279-268	D+
371-360	A-	319-308	C+	267-252	D
359-348	B+	307-292	C	251-240	D-
347-332	B	291-280	C-	<240	F

Grades will be posted on the class web site after the final exam.

ACADEMIC INTEGRITY: The school’s policy will be enforced in this class, and violations are subject to being reported to the Office of Judicial Affairs. The policy reads in part, “All forms of academic dishonesty at Cal Poly are a violation of University policy and will be considered a serious offense. Academic dishonesty includes but is not limited to: [Plagiarism, Cheating During Exams, Use of Unauthorized Study Aids, and Falsifying any University Documents including Attendance Lists].” See the University Catalog for more details.

Finally, a class works best and is most enjoyable for both the students and the instructor when all have the opportunity to actively engage and participate fully in the learning process. This is a large class and we must be respectful of the purpose for which we are here. Disruptive behavior (and that includes talking with classmates about none course related matters) during class will not be tolerated. Disruptive behavior that does not cease after one has been warned may be reported to the Office of Judicial Affairs.

**PSY606 Diagnosis and Treatment of Couples
Winter 2013**

- Jan 2 Introduction
- Jan 4 Comparative Study of Couple Therapy
 Chapter 1

Models of Couple Therapy

- Jan 9 Object Relations Couple Therapy
 Chapter 6
- Jan 11 Brief Strategic Couple Therapy
 Chapter 10
- Jan 16 Structural Couples Therapy
 Chapter 11
- Jan 18 Affective-Reconstructive Couple Therapy
 Chapter 12
- Jan 23 Integrative Couple Therapy
 Chapter 13
- Jan 25 Gottman Method Couple Therapy
 Chapter 5
- Jan 30 Emotionally Focused Couple Therapy
 Chapter 4
- Feb 1 Integrative Behavioral Couple Therapy
 Chapter 3
- Feb 6 Narrative Couple Therapy
 Chapter 8
- Feb 8 Solution-Focused Couple Therapy
 Chapter 9

Special Problems and Issues

- Feb 13 Working with Gender in Couple Therapy
Chapter 23
- Feb 15 Couple Therapy and the Treatment of Affairs
Chapter 14
- Feb 20 Separation and Divorce Issues in Couple Therapy
Chapter 15
- Feb 22 Couple Therapy and Physical Aggression
Chapter 16
- Feb 27 Couple Therapy and the Treatment of Depression
Chapter 19
- Mar 1 Couple Therapy and the Treatment of Borderline Personality and Related
Disorders
Chapter 20
- Mar 6 Developing a Treatment Plan
O'Leary, Heyman, & Jongsma
- Mar 8 Donna and Michael: A couple in need of couple's therapy
- Mar 15 Take Home Final Exam Due (1:40 PM)

*Unless otherwise noted, the reading assignments refer to the Gurman and Jacobson text.