

**PSY606 Diagnosis and Treatment of Couples
Winter 2013**

GENERAL:

Instructor: Brian R. Johnson, Ph.D.

Classroom: 5-130

Course website: <http://www.gettingunstuck.com/cpu/606/psy606.htm>

Office Hours: Wed: 3:30 - 5:30 ; Thursday 5:00 - 7:00

Office: 24E-1211A Office Phone 909-869-2282 (If you are calling during my office hours and I do not answer, I have probably left the office for a moment. Try again in a few minutes ***Do not leave a message on campus voice mail:*** If you need to leave a message, call the off campus number listed below and leave the message with my assistant or on the answering machine. The greeting message for my off campus office also gives information for contacting me through my answering service if you have an *real urgent* need to speak to me.)

Off Campus Phone: 909-399-0556

E-Mail Address: brjohnson@csupomona.edu

FAX: 909-624-2137

COURSE DESCRIPTION: This is the second of a three-course sequence of didactic materials in Marriage and Family Therapy. The focus is on the diagnostic assessment of couple dysfunctions and therapeutic interventions covering various approaches to working with couples. 4 lecture-problem solving. Prerequisites: Admission to the MS program PSY515 and PSY598.

COURSE OBJECTIVES: To increase your understanding of:

1. The various definitions and theoretical explanations for couple dysfunction
2. The prominent theoretical models and approaches to couple therapy
3. The types of couples therapy
4. The ethical and professional standards for the treatment of couples.

In addition, the course will increase students skills in formulating treatment plans with diagnosis and interventions

TEXT: Gurman, Alan S. (Ed.) Clinical Handbook of Couples Therapy (Fourth Edition)
O'Leary, K. Daniel, Heyman, Richard E., and Jongsma, Jr., Arthur E. The Couples Psychotherapy Treatment Planner (Second Edition)

ATTENDANCE: Attendance is mandatory. It is your responsibility to be present for class meetings and to participate in the discussions. If you cannot make a class meeting, you must advise me before the class (by e-mail or phone).

PRESENTATION: You will be assigned to do a class presentation pertaining to the subject of that day's meeting (see class schedule). This will consist of a summary of one or more journal articles and/or primary source book chapters that you believe supplement that day's subject. This may elaborate on or present a different point of view from the chapter's author(s). After the lecture/discussion of the chapter, the class will be turned over to you, and you will have the last

half hour of the class meeting to do your presentation. (Total Points possible: 100)

QUIZZES: At the end of each meeting, there will be a closed book, 10 item multiple choice quiz on the reading assignments for the week. (Total Points possible: 100)

CLASS PARTICIPATION: While I will lecture and lead the discussion of the subject of each day's class meeting, you are expected to participate by sharing your understanding, thoughts, and questions about the subject. (I may even direct questions to individual students.) **Participation will be calculated in when determining your final grade for the course. 50 participation points are possible to be earned.** If you attend all class meeting but do not participate (i.e., do not raise questions about or make comments concerning the materials presented in class, nor offer a point of view concerning the subject), the maximum number of points you will receive is 10. I will be attentive to and make notes of students' participation. Remember, it is not the quantity but the quality of the participation that will be considered.

This is an academic class, not group therapy nor supervision. While sharing on how a subject presented applies to you can enrich the class process, you need not share any more than you feel comfortable disclosing in class. **PRIVACY** is to be respected by both the instructor and fellow students.

EXAM: There is only one exam for this class worth 150 points. This will be a take home final essay exam. The assignment will be given the last day of the lectures (March 8) and must be turned in at 11:30 AM, Tuesday, March 15th. The exam will an application of the assigned reading, lecture materials, and class activities.

COURSE WEBSITE (www.gettingunstuck.com/cpu/606/psy606.htm.): The website contains a number of resources and messages from the instructor to the class concerning announcements, corrections, and any changes in the schedule, reading assignments, etc. From the website you can also download Adobe Acrobat PDF copies of the overheads that are used in the lectures. (You will need to have Adobe Acrobat 4.0 to download these and other documents available on the website. Information is provided for downloading Acrobat if the program is not already on your computer.) I attempt to put the overheads up no later than the night before class, but sometimes that proves impossible. I recommend that you download these so you can have these in class on the days of the lectures.

READING ASSIGNMENTS: The attached schedule lists the readings for each lecture. To be prepared for each class meeting you will need to read the reading assignments *before* the class meeting. Failure to do so will be evident by your participation.

GRADING: To receive a passing grade for the course you must complete all requirements for this class. If you fail to do so and have not received approval for an incomplete grade contract, you will receive a grade of "F." Assuming that you do complete all requirements, grades will be based on the following scale:

400-372	A	331-320	B-	279-268	D+
371-360	A-	319-308	C+	267-252	D
359-348	B+	307-292	C	251-240	D-
347-332	B	291-280	C-	<240	F

Grades will be posted on the class web site after the final exam.

ACADEMIC INTEGRITY: The school's policy will be enforced in this class. The policy reads in part, "All forms of academic dishonesty at Cal Poly are a violation of University policy and will be considered a serious offense. Academic dishonesty includes but is not limited to: [Plagiarism, Cheating During Exams, Use of Unauthorized Study Aids, and Falsifying any University Documents]." See the University Catalog for more details. Remember, plagiarism is passing off another's work as your own. **Students often don't realize that they have committed plagiarism when they fail to (1) denote with quotation marks or some other notation the cited material and (2) do not identify the source.**

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- Jan 8 Introduction
- Jan 10 Comparative Study of Couple Therapy
Chapter 1

Models of Couple Therapy

- Jan 15 Object Relations Couple Therapy
Chapter 6
- Jan 17 Brief Strategic Couple Therapy
Chapter 10
- Jan 22 Structural Couples Therapy
Chapter 11
- Jan 24 Affective-Reconstructive Couple Therapy
Chapter 12
- Jan 29 Integrative Couple Therapy
Chapter 13
- Jan 31 Gottman Method Couple Therapy
Chapter 5
- Feb 5 Emotionally Focused Couple Therapy
Chapter 4
- Feb 7 Integrative Behavioral Couple Therapy
Chapter 3
- Feb 12 Narrative Couple Therapy
Chapter 8
- Feb 14 Solution-Focused Couple Therapy
Chapter 9

Special Problems and Issues

- Feb 19 Working with Gender in Couple Therapy
Chapter 20
- Feb 21 Couple Therapy and the Treatment of Affairs
Chapter 14
- Feb 26 Separation and Divorce Issues in Couple Therapy
Chapter 15
- Feb 28 Couple Therapy and Physical Aggression
Chapter 16
- Mar 5 Couple Therapy and the Treatment of Depression
Chapter 19
- Mar 7 Couple Therapy and the Treatment of Borderline Personality and Related
Disorders
Chapter 20
- Mar 12 Developing a Treatment Plan
O'Leary, Heyman, & Jongsma
- Mar 14 Donna and Michael: A couple in need of couple's therapy
- Mar 19 Take Home Final Exam Due (1:40 PM)

*Unless otherwise noted, the reading assignments refer to the Gurman and Jacobson text.